

Fun things to do for children

30 Days Wild

Can you do something **wild** everyday in June?

This June, join thousands of people across Devon taking part in our annual nature challenge, 30 Days Wild! We want you to do one wild thing a day throughout the whole month: for your health, wellbeing and for the planet. That's 30 simple, fun, and exciting Random Acts of Wildness.

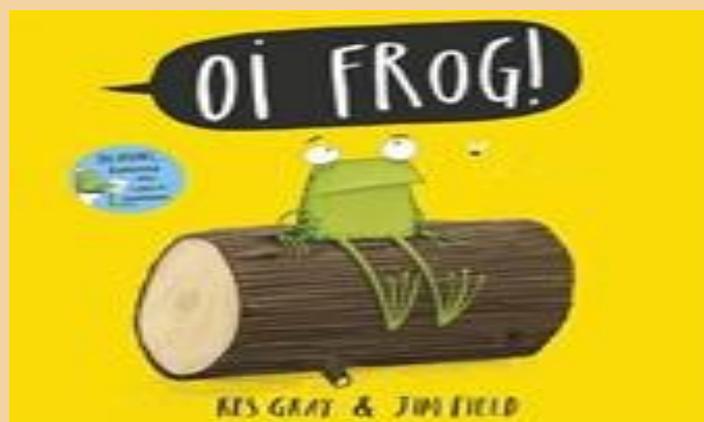


You'll get a **free, downloadable pack of goodies** to help you plan your wild month, plus lots of ideas to inspire you to stay wild all throughout June (and beyond!). Come rain or sunshine, at home or on your daily exercise, there's something for everyone! For extra 'bonus' items, keep an eye on your emails for additional, fun activities, from instructions for baking hedgehog cupcakes

For the Love of Reading

Book Recommendation of the Week

Frog doesn't want to sit on a log - logs are knobbly and uncomfortable and can give you splinters in your bottom. But Cat is insistent. Every animal has a right and proper place to sit. Frogs sit on logs, cats sit on mats and hares sit on chairs. Rather less comfortably, lions sit on irons and storks sit on forks. Bright, bold, expressive illustrations add to the fun in this hilarious picture book with a knockout ending.



Follow the link to hear the story for free!

<https://www.booktrust.org.uk/book/o/oi-frog/>

Information and Advice for Parents

School as a "Safe Space"

I am sure you will all be aware through the media about the increased concerns regarding the additional risks that being at home creates for children and adults who are victims of Domestic abuse. I'm quite sure that you will have seen the broadcasts on television aimed at those who are victims of domestic abuse. Please be aware that if you are currently suffering in this way support and help for you is available. The current lock down rules do not apply in the same way and there are options available to you. We have been asked to open the school up as a place of safety for victims to make a phone call for help. If you need to do this please come to school and ask for someone in the school office. Let them know that you **'need a place of safety to make a phone call'** and they will take you to a room where you can contact the appropriate help.



TALKWORKS
IMPROVING YOUR MENTAL AND PHYSICAL WELLBEING

0300 555 3344

TALKWORKS is a free, confidential, NHS talking therapy service helping you to feel better and giving you the tools and techniques to improve your mental and physical wellbeing.

TALKWORKS.dpt.nhs.uk

@DPT_TALKWORKS

Food Bank

St Mathews Church in Newtown is delivering weekly parcels for those in need of food and toiletries. This is available to people living in the Exeter area EX1,2,3 & 4.

<https://www.stmattsexeter.org/lyn>



Financial Support

If you think that you might be entitled to benefits please follow the link below to the Government online calculator <https://www.betteroffcalculator.co.uk/#/calculator/new/step1>

FREE SCHOOL MEALS: All those in receipt of Free School Meals will receive a hamper of food worth £20. This can be collected from school every Monday on a weekly basis. If you fall into one of the following categories, you can apply for the Pupil Premium Grant, and will qualify for Free School Meals. Applications need to be made via the Devon Citizens Portal - on the DCC website : <https://www.devon.gov.uk/supportforschools/services-and-contacts/free-school-meals>



Ladysmith Infant and Nursery School 01392 271596
www.ladysmithfederation.net



Learning.....

Staying in Touch

- Our website—<http://www.ladysmithfederation.net/web> (Parent letters and remote learning)
- For admin and other enquiries: infant.admin@ladysmithfederation.net
- Tapestry (Nursery and Reception) and Seesaw (Year One and Two)
- Our Learning support email addresses: receptionsupport@ladysmithfederation.net year1support@ladysmithfederation.net year2support@ladysmithfederation.net

Active Learning Update

They are making some updates to the ActiveLearn Login on **16 May**.

This update means you will need to re-enter usernames and passwords again when you first login after this date, as any saved details won't be shown by the browser. Users can note their password and username by clicking "Show" on the Sign In/login page.

We're always here to support you when using ActiveLearn, and further details about the changes we have made can be [found here](#). If anything is unclear or you'd like to chat to us, please [contact us online](#).



#OnlineSafetyAtHome

From Thinkuknow



You can access our [new guidance for parents and carers](#) designed to help manage some of the key challenges.

With children spending more time on the internet during lockdown, it's more important than ever for parents and carers and their children to know the best reporting and support routes, should they be worried about something online.

Our [new ParentInfo article](#) signposts to reporting, advice and support services available for children and their families.