

Ladysmith Federation

Junior School News

Friday 24th May 2019

Ambition



Congratulations to Ollie who was awarded Exeter Youth League Player of the Year Award for Heavitree Youth FC Tornadoes team U10s at the weekend.

He received the award for consistent excellent play in defence and midfield and was described as being "full of energy and enthusiasm".

Adventure

70 children took part in our first ever track cycling event today! There was an individual fastest lap event in the morning followed by a team pursuit competition in the afternoon. It was great to see so many children taking part and enjoying themselves.



Achievement



Well done to all of our stars of the week this week:

Year 3:

Lottie, Lexi, Finley, Sofia, and Callum

Year 4:

Danny, Lewis, Thomas M, Bel and Grace

Year 5:

Gabriella, Tommy, Loki, and Millie

Year 6:

Rohan, Domenica, Ionut, Zack, Leah and Matilda



Are you ready to go wild for 30 days?



What is 30 Days Wild?

30 Days Wild is UK's month-long nature campaign run by The Wildlife Trusts. Now in its fourth year, sign up and take part with hundreds of thousands of people across the UK (and do your bit to help wildlife, too!).

From little actions (like stopping to smell a flower on you way to the shops or taking a moment to watch squabbling sparrows in a hedge) to big things (like giving up single-use plastics for a month or pledging your support to a nature campaign), 30 Days Wild is all about re-connecting with the natural world around you and doing a little bit of good for wildlife.

We will be taking part in the challenge at school and / or you can [sign up as a family here!](#)

Federation News

HAVE A GREAT HALF TERM BREAK!

Sports Days — reminder!

Infant School:

26.6.19 (morning for Reception and Year 1; afternoon for Year 2)

Junior School:

Year 3 and 4—19.6.19 afternoon

Year 5 and 6—17.6.19 afternoon



Ladysmith Junior School 01392 255554
www.ladysmithfederation.net



CALM TOOLS for FAMILIES

OPEN MINDS UK offers emotional wellbeing support for families. Our personalised toolkit helps your child manage tricky times and become more resilient. Sessions cost £45 per hour in Bradninch, near M5 and you take away lots of useful ideas and resources to use at home. It really helps! See website for testimonials.

FAMILY COURSE

Our Calm Tools for Families course will take place at Exeter Phoenix on 18th June, 25th June and 2nd July.

Cost £80 for one adult and one child.

See website for more details: www.openmindsuk.org.uk



TALKWORKS is the new name for the Devon Depression and Anxiety Service. They are an inclusive service and welcome referrals from those over 18, no matter their race, gender, sexuality or religion. You can self-refer online. TALKWORKS also have a range of resources available on their [website](#)

Parent Speech, Language and Communication Programme designed to support parents and carers to develop a better understanding of speech, language and communication needs, and what it can mean to your child and family. The course will be delivered by Specialist Teachers in the Communication and Interaction Team. This informal course will include the following sessions; Speech, Language and Communication Development; Play, Social Development and Behaviour; Helping my Child's Language; Helping my Child's Literacy. The course is free and aimed at parents of primary school aged children. There will also be plenty of opportunity for discussion, practical ideas and opportunities to meet other parents.

North/Mid Devon: Springfield Court, Fishleigh Road, Roundswell Business Park, Barnstaple, EX31 3UD. 5th, 12th, 19th and 26th June, 10am-12pm (coffee from 9.30am)

Exeter: Chestnut Children's Centre, Magnolia Avenue, Exeter, EX2 6DJ. 13th, 20th, 27th June and 11th July, 9.15am-12pm.

For any queries or further information please contact: Sue Vanstone on: 01392 287239.



Big Wild Sleep Out at RSPB Aylesbeare



Ladysmith Federation CPTT 4th Big Wild Sleep Out

Saturday 6th July 5pm – Sunday 7th 11am

There are currently only 14 places booked for this event.

We need a minimum of 30 bookings for the event to run.

RSPB have kindly extended the booking deadline to Friday 7th June.

Let's make this event happen!

RAMM

Click on the following link to find out about activities being held at the R.A.M.M.

[Half term activities at RAMM.](#)



Making Greater Exeter Greater

Exeter City Community Trust

Please find details of holiday clubs on offer:

May Half term holiday course- <https://www.exetercitycommunitytrust.co.uk/courses/may-half-term-holiday-2019>

- 24.5.19 —End of half term
- 3.6.19 —Back to school
- 5.6.19—Y4 Sleeping with the sharks
- 13.6.19—Pop-Up café—reception and year 2 to bake!
- 14.6.19—4AN family assembly—9.05am in the hall
- 17.6.19—Y5/6 Sports Day
- 19.6.19—Y3/4 Sports Day

