

Bereavement Support for Children

Suggested books (we have a lot of these in school)

Ida, Always by Caron Levis

Michael Rosen's Sad book (this is really good exploring how it feels!)

The Memory tree, by Britta Teckentrup

When dinosaurs die, by Laurie Krasny brown

The day the Sea went out and Never came back, by M.Sunderland (feelings)

Always and forever, by Alan Durant

Flamingo Dream, by D J Napoli (a father is ill and then dies)

The Sunshine Cat, by M.Moss (a child gets killed in a road accident)

The saddest time, by Norma Somon

The invisible string, by Patrice Karst

A First Look at Death:I miss you, by Pat Thomas

Badgers Parting Gifts, by S.Varley

A Star for Bobby, by Helen Keenor (death of a baby/sibling)

Godbye Mousie, by RH Harris

Goodbye Grandma, by D.Brauna

Milly’s Bug Net, by J Janey (a girl’s Dad dies)

WaterBugs and Dragonflies, by D.Stickney (pocket sized book, religious)

Activity Book

Muddles, Puddles and Sunshine:Your activity Book to Help When Someone Has Died, by D.Crossley and K.Sheppard

Online support charities and organisations

https://www.winstonswish.org/ (supporting bereaved children) https://www.balloonscharity.co.uk/ (Exeter and Mid Devon) https://www.childbereavementuk.org/

https://www.mariecurie.org.uk/

https://www.cruse.org.uk/

Helplines to phone

Child Bereavement UK – 08000288840

Cruse – 0808 8081677

Balloons – 01392 826065

Additional help - the School’s Family Support Worker (please contact the School) and

School Nurse and Health Visiting Team – 0333 234 1902 rde-tr.ExeterPHNhub@nhs.net