

Ladysmith Federation

Junior School News

Friday 22nd March 2019

Ambition

We're delighted to announce that, after several rounds of judging, one of our pupils was selected as a runner-up for the Diary of a Wimpy Kid writing competition and has won a signed copy of the Diary of a Wimpy Kid: The Meltdown.



For a well-written diary entry, Elouise in year 5 made it to the final eleven from over 1,700 entries – a great achievement!

Adventure

Congratulations to Lincoln, Oliver S, Silas, Tomas D, Jack H and Oliver T from year 3 and 4 and to Alex, Huw, Usayd, Dylan, Joseph and Elliot from year 5 and 6. These children have qualified from the Killerton run, earlier this year, to go through to the Devon Winter Games final in Paignton next Thursday! We wish them luck and hope they enjoy the day.



Achievement



Well done to all of our stars of the week this week:

Year 3:

Anastasia, Ethan and Scarlett

Year 4:

Alfie, Tom and Lalita

Year 5:

Aaron, Asya and Nicola

Year 6:

Henry, Albie, Lewis and Ben

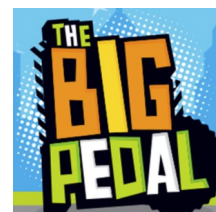
Last week's cake sale raised £150 towards Phabkids—thank you to Lindsey and all the bakers!



THE BIG PEDAL—Monday 25th March—Friday 5th April.



As part of our ongoing commitment to reduce car journeys to school, and promote healthy lifestyles generally, we have signed up to Sustran's 'The Big Pedal' again this year. Children (and adults – because your trips count too!) are encouraged to walk, cycle, or scooter to school over the next two weeks. A record of journeys will be taken daily and our performance charted to see how we are doing compared to the rest of the country.



Federation News



Pop-Up Café

Come and join us at the Junior School next Thursday 28th March after school until the cake runs out! It is the turn of year 3 and 6 to bake please—we hope to see you there!



Ladysmith Junior School 01392 255554
www.ladysmithfederation.net



Open Minds have made changes to their website which includes lots more information to find help and support for children and young people and free audio clips for relaxation.

Upcoming events in the area:

- *Ten Tools for Resilience and Wellbeing Training Day* at Bickleigh Castle on 15th May
- *Calmer minds Family Workshops* at Exeter Phoenix in June
- *Open doors* at Bowhill Primary School, Exeter where you can watch an open minds session live! on Thurs 23rd May.



Panic attacks

These can be really scary, both to the person going through it and to the one standing next to them. There are some good tips available from The Guardian newspaper on how to help someone going through it, click here for more details: <http://ow.ly/3Z0H30o8bOT>

Event Reminder: South West Autism Services One Big Autism Meet Up March 30th. Free event for parent/carers. Being held @ The Beacon Centre, Exeter EX4 8LZ from 10am -3pm hosted by South West Autism CIC. An opportunity to meet up with other parents and service providers, refreshments available, pop along to this free event for information and advice or just to meet with others.



Hop Cinema Night!

We are holding a one-off cinema event on **Thursday 4th April** – after school.

Film: Hop

Cost: £3 each – includes admission, drink and popcorn snack

When: 3.30pm – 5.15pm

Where: – Junior School Hall

Tickets must be purchased online in advance—click here to book your child's place.

All profits will go towards Macmillan Cancer Research. Miss Deer will soon be running the London Marathon and she has chosen to support this great charity.



25th March - Year 6 Drama Workshop Showcase for parents—1.30pm—3.30pm

25th March - Parents' Evening—4-6pm

26th March - Parent's Evening for 4NM

26th March - Year 3 trip to Caerleon

27th March - Parents' Evenings – 5-7pm

28th March - Pop-Up Café - Junior School

28th March -Year 3 Roman Feast / dressing up day

28th March - Singing club assembly

28th March - Pop-up café—Junior School Hall

29th March - 3LD family assembly – 9.05am in the hall

3rd April - Y4 Fundraising Day—Shelterbox

4th April - [Hop Cinema Event](#)

5th April - Last day of spring term 2019

