

Ladysmith Federation

INFANT AND NURSERY SCHOOL NEWS

Friday 23rd June 2017

FEDERATION NEWS

Mental Health and Well Being Week

Across the Federation, we will be working on developing a Healthy approach to mental health and well being. This includes the "10 a day". Classes will be exploring ways to stay healthy and well using a range of strategies which we will introduce across the Federation on Monday and celebrate in a Federation assembly on Friday.



Ambition Adventure Achievement

Sports Day – 23rd June 2017 - Ladysmith Junior School Field

Thank you to everyone who supported our Sports Day. The children were incredible and competing in front of an audience, even when they found some of the tasks challenging was a huge achievement!



Wanted:

Year 1 still would like Cardboard kitchen tubes for making castles, plastic bottle lids for making 3D flowers and empty drink cartons for making bird feeders. If you have any of these items please pop them into school. Thank you.

Fancy A Nappucino?

We are delighted to say that 'Nappy Jen' has moved into our School and together with her colleague, Gill, she will be running a group especially for new parents. Nappuccino is a melting pot of usefulness, cloth nappies, slings and breastfeeding support. The group meet every Wednesday 10-2pm and every Friday 12-2pm. For more information go to www.exeterbabies.co.uk or ring Jen on 07886626093.

Ambition Adventure Achievement

Food Technology

Please remember to send in your termly donation to contribute towards the cost of cooking ingredients.

Reception: £5 per term please, to cover the cost of their Friday snack (toast and preserves) and their cooking ingredients: **Year 1 and Year 2:** £3 per term please, to cover the cost of their cooking ingredients.



Fruit Picking

Tanya, our fabulous school cook, uses our produce in the kitchen. Lately the children have been benefitting from the strawberries – straight from the plant to the plate. Although very tempting, please can parents refrain from picking the fruit from the trees in the playground. As part of Forest School learning, we teach the children not to touch berries and it can be confusing for them to see parents doing the opposite!



Sponsored Skip

Please don't forget to try and get as much sponsorship for our great sponsored skip which will be taking place during the week beginning 26th June 2017. This activity is to encourage the children to develop a healthy lifestyle and promote wellbeing. 80% of the proceeds will go to the British Heart Foundation to help them in their research work to save lives and 20% of the money will be used to buy great things to enhance the children's experiences at school. All sponsorship forms and money should be handed into the school by **Friday 30th June**. Thank you for your support.



What will you be?

To celebrate **Receptions** final theme of "Journeys by Sea" they have planned a dressing up day on **Friday 30th June**. Children may come dressed up as anything to do with the sea.



Medieval Banquet

Year 1 will be holding a medieval banquet on **Friday 30th June** with medieval dancing and eating! Please could your child come dressed for the day in their medieval costume.



LADYSMITH GARDEN PARTY FRIDAY 14TH JULY 2017



We have set aside the day of **July 14th** to celebrate the summer with parents in our lovely Forest School Area. You are invited at the following times: **Reception from 9.30am, Year 1 and 2 from 2pm onwards**. We will be sharing our art, poetry and singing and selling delicious food made by the children. Look out for the letter with further details which will be out next week.

Dates for the diary:

26th June - Mental Wellbeing Week
26th June - Sponsored Skip (*during this week*)
26th June - Stay and Play (Nursery)
27th June - Stay and Play (Nursery)
27th, 28th, 29th June - New Parents Meetings (Reception)
30th June - Reception 'Journeys by Sea' Dressing Up Day
30th June - Federation Assembly
30th June - Medieval Banquet YR1 (dress up day)
3rd, 5th, 7th July - Reception Babbacombe Trip
4th July - Dinner Menu Change (Down On The Farm)
6th July - Transition Day
7th July - Summer Fair 3.30pm onwards
10th July - Book Fair (*all week*)
10th July - Nursery Garden Party
11th July - Stay and Play (Nursery)
11th/12th/13th July - New Parents Meeting (Reception)
12th/13th July - YR1 and YR2 Parents Evening
14th July - Garden Party YRR, YR1 and YR2
17th/18th/19th/20th July - Nursery Parent Consultations
18th/19th/20th July - Leavers Assemblies and Museum (YR2)
20th July - YR2 Leavers Disco 5:30pm-6:30pm
21st July - Dinner Menu Change (Seaside Menu)
21st July - Last day of term

Mental Health and Wellbeing at Ladysmith!

Everyone is invited to our
'Working Together'
Drop-in-session

on **Wednesday 28th June 2017**

2 pm onwards in the Link (Family) Room



A practitioner from the EH4MH (Early Help for Metal Health) Initiative will be there to share information and ideas. EH4MH is an initiative to promote and support the mental health and wellbeing of children and young people.

Everyone is invited to drop-in and have a cuppa.

CHILDREN, PARENTS, TEACHERS TOGETHER



See separate letter for an Update on the **Summer Fair on Friday July 7th, 2017 (after school)**

If you have any questions either speak to your class rep or email cptt@ladysmithfederation.net

Ladysmith Infant and Nursery School 01392 271596

www.ladysmithfederation.net

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