

# Ladysmith Federation

## Infant and Nursery Newsletter



May 17th 2019



### Ambition

## The Cake Sale

Our **ambition** is to raise funds for the CPTT in order to update the technology in classrooms.



The next cake sale is on Thursday 13th June!

We will be asking Reception and Year Two classes to bake.

### Adventure



Mental Health Awareness Week

Here at Ladysmith, we have had a week thinking about our wellbeing. We have enjoyed calm yoga classes, as well as thinking about the importance of getting outside and being active. There have also been mindful art classes taking place too!



### Achievement

Well done Stars of the Week and Team Player Penguins. We are very proud of you!



## Federation News



### Big Wild Sleep out at Aylesbeare

Ladysmith Federation CPTT 4th Big Wild Sleep Out

Saturday 6th July 5pm - Sunday 7th 11am Please see separate flyer below for more information.



Ladysmith Infant and Nursery School 01392 271596  
[www.ladysmithfederation.net](http://www.ladysmithfederation.net)



## Garden party

**Next Friday 24th May 2pm—3:30pm**

Year 1 will sing at 2:15pm and Year 2 at 2:30pm.

We kindly ask for cakes to be donated on the day to sell in the café. The proceeds will contribute towards learning resources.



## Timid to Tiger

Our first cohort of parents have recently completed the 10-week 'From Timid to Tiger' parenting course designed for parents of anxious children. All were unanimous in their support for the course and the help that it has given them:

*'The course has been really informative and sharing experiences and ideas has been so useful.'*

*'I am feeling much more confident about helping my child with his anxiety.'*

*'My daughter has improved hugely in all areas that were causing concern and she is so proud of herself.'*

We will be running the course again from September – November this year. If you would like to find out more and have the opportunity to speak to some of the parents who have done the course, we are holding a coffee morning on **Tuesday 21<sup>st</sup> May, from 9.10 – 10.00** in the Junior School Hall.

## Slip, Slop, Slap

We have been so lucky over the last week, the children have loved being outside at lunchtime and other points during the day. Just a quick reminder that applying sunscreen, providing a hat and a bottle of water for your child helps to protect them from the effects of the powerful summer sunshine. Below is a link to a helpful website: Sun smart which advises you to "Slip, Slop. Slap"



<http://www.sunsmart.com.au/communities/parents>

**Thank you** to everyone who supported us with our school "Sponsored Bounce".

**We raised a fantastic £1883.90**, which is going to be put towards buying new school computers.

Reception Year group raised a whopping £1068.54.



The children are going to have an extra special playtime as a big thank you to them.

Now that the sun is starting to shine, Mr Radford will be making the most of the field during PE sessions. Children will need a PE kit including trainers to be able to use the field. Please make sure your child has the right kit on their PE day.



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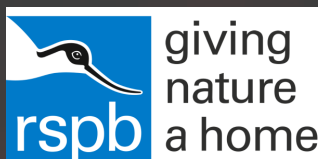


### Exeter Foodbank Sponsored Walk

The food bank is holding their second Exeter Foodbank Sponsored Walk on June 29th. Last year this event was great fun and raised valuable funds for the charity as we continued to meet local demand.

**June 29th gives a choice of TWO walks!**

There is a 13 mile walk around the City Boundary for the more serious walkers and a 2 mile family-friendly, accessible walk around the ancient City Wall.



## Big Wild Sleep out at Aylesbeare

Ladysmith Federation CPTT 4th Big Wild Sleep Out

**Saturday 6th July 5pm - Sunday 7th 11am**

**TICKET SALES END SOON!!**

## Dates for the Diary

**Community Film Festival**  
18th May 2019

**Year One and Two Garden Party**  
Friday 24th May 2019

**Pop up café**  
Thursday 13th June 2019

**Sports Day**  
Wednesday 26th June 2019  
Reception and Year One am, Year Two pm

**Year One and Two Parents Evenings**  
1st and 3rd July 2019

**Transition Day**  
Thursday 4th July 2019

**Year One "Sing for Joy" Event**  
Friday 5th July 2019—2pm

**Big Wild Sleep Out**  
Saturday 6th July - Sunday 7th July

**Nursery Garden Party**  
Wednesday 10th July 2019

**Reception Garden Party**  
Thursday 11th July 2019

**Year Two Leavers Performance**  
Tuesday 16th July 2019 (pm)

**Year Two Leavers Performance**  
Wednesday 17th July (am)

**Last Day of Term**  
Friday 19th July 2019

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## Ladysmith Federation CPTT Big Wild Sleep Out Saturday 6<sup>th</sup> July 2019

RSPB Aylesbeare Common

The RSPB would like to invite you to spend a night under the stars at the beautiful RSPB Aylesbeare reserve. Set up your tent in a private area of the reserve, head out onto the reserve in the evening to track down nocturnal wildlife, enjoy marshmallows over our campfire and have your evening meal and breakfast cooked for you over the fire.

### What makes the Big Wild Sleep Out Unique?

- Exclusive access to some beautiful private areas of the RSPB Aylesbeare- **camping is not usually allowed on Aylesbeare or anywhere on the Pebblebed Heaths\*** in order to protect the important wildlife there - so this is a unique opportunity to spend a night out in the wild. (\* We are allowed to hold a limited number of BWSO events each year at Aylesbeare Common by kind permission of Clinton Devon Estates.)
- This event contributes to looking after this special place, it also raises funds for your school (RSPB will make a £100 donation to Ladysmith Federation CPTT)
- Get out amongst nature, discovering wildlife with friends and families

### What is it like?

<http://vimeo.com/72823795> This is a video of a public RSPB Big Wild Sleep Out at Arne in Dorset in 2013.

The feedback from Ladysmith's previous Sleep Outs have been hugely positive!

*"We heard and saw nightjars and bats, we found a glow worm, beetles, hunting spiders, a nest of wood ants and a whole lot more. And we enjoyed a fire, marshmallows, even a pineapple upside-down cake cooked in the coals! It was super fun and it didn't even rain!!!"*

*"I thought the event was fantastic. The staff and volunteers were fun, friendly and a pleasure to be with. They really know their stuff and worked hard to make it great."*

### How does it work?

- The event costs adults £25, children £17.50 – price includes dinner, breakfast and guided activities. Children will also receive a free Big Wild Sleep Out badge as a trophy from their adventures
- Head out to RSPB Aylesbeare Common on Saturday 6<sup>th</sup> July for 5pm with your tent and sleeping bag and enjoy being on the reserve for the evening, night and following morning with the RSPB team there to guide activities and provide a delicious dinner and breakfast. There is a walk from the car parking to the camping area. We expect to be finished by 11am on the Sunday.
- If you would like to join in, please complete a booking form by Friday 24<sup>th</sup> May, 5pm at the latest. Don't wait! Our capacity is limited to 50 participants, so places will be filled on a first come, first served basis. All bookings and payment will need to be confirmed by Monday 3<sup>rd</sup> June

### Need more information?

If you would like to find out more about the event before you book, please contact the RSPB event team ([aylesbeare.common@rspb.org.uk](mailto:aylesbeare.common@rspb.org.uk)) or Emma Whittingham ([cptt@ladysmithfederation.net](mailto:cptt@ladysmithfederation.net))



# Big Wild Sleep Out

## at RSPB Aylesbeare



### Ladysmith Federation CPTT Big Wild Sleep Out

**Saturday 6<sup>th</sup> July 5pm – Sunday 7<sup>th</sup> 11am**

RSPB invites Ladysmith Federation to join us for  
Big Wild Sleep Out 2019!

A unique opportunity for families to spend a night in the wild. Bring your tent and sleeping bag and enjoy an evening under the stars at Aylesbeare where **camping is not normally allowed\***!

Last year we heard and saw nightjars and bats, discovered glow worms, beetles, hunting spiders, a nest of wood ants and a whole lot more. Not to mention the cosy campfire, marshmallows, even a pineapple upside-down cake cooked in the coals!

**Adults £25, Children £17.50**

**Price includes dinner, breakfast, guided activities and kids BWSO badge**

All booking forms with exact payment should be returned to **Infant School Office** by 5pm, **Friday 24<sup>th</sup> May**

Our capacity is limited to 50 attendees, so places will be offered on a first come, first served basis.

For further information – contact RSPB event team at [aylesbeare.common@rspb.org.uk](mailto:aylesbeare.common@rspb.org.uk) or **Emma Whittingham** at [cptt@ladysmithfederation.net](mailto:cptt@ladysmithfederation.net)

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