Ladysmith Federation

Junior School News

Friday 3rd February 2017

FEDERATION NEWS

Thank you to all of the children across the Federation who took part in the Big Buddy workout last week. Together, we raised nearly £3000 for the NSPCC! What a great way to demonstrate Ambition, Adventure AND Achievement all in one go!

Enrichment Days



Year 5 spent the day with Mrs Wills, Mr Taylor and Mrs Murchison taking part in enrichment opportunities today.

In the morning, they played handball with Premier Sports and the afternoon had a construction theme. The children worked together to design potential new layouts for their new classrooms and looked at how planners might go about designing a new community. They used lego to create their vision of a new community complete with building and amenities.

Cinderella



Children from year 3,4 and 5 enjoyed an impromptu performance of Cinderella last Friday afternoon from the award winning theatre group,

M & M productions. The actors commented on how much they enjoyed performing at Ladysmith because of how enthusiatic the audience were. We have enjoyed many productions over the years at Ladysmith and opportunities such as this provide a fantastic enrichment for the children.

Ambition Adventure Achievement

Ambition

Well done to the Ladysmith A team who played brilliantly as a team on Monday night. Even though they lost both games, they showed great ambition and determination throughout. A special well done goes to Joe who stepped in for our injured goalie, Josh.

Eve, Hannah and Alyssa in year 6 have extended the deadline for their drawing competition to raise money for the NSPCC. The drawings can be of anything; there are prizes for the winning entry in each of 4 catagories: funniest, scariest, most colourful and most creative picture. All entries need to be named and returned, in an envelope, along with a 20p donation, to the library or to the main reception by Wednesday. We have a special 'Buddy' badge for all entries!

Adventure

Some of the year 6 children had a an adventure on Tuesday afternoon when they braved the cold and rain to venture out on the roads for their Bike It training.

Achievement

We have seen 34 children this week who have been asked by their teachers to celebrate a piece of learning with Mr Broad or Mr Wilkinson. Their names have been added to the Ambition, Adventure Achievement book and all names were read out in assembly today. We also celebrated children who have achieved their goals outside of school: well done to Jasmine who has been awarded her stage 6 swimming certificate.

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Normal Magic!

There has been a real focus this year on the physical and mental well-being of both the children and staff at Ladysmith Junior School. The Golden Mile has certainly had a huge impact on the physical fitness for many of our children but the benefits of such activity on their mental health are just as good.

We are beginning to explore ways in which we can keep our bodies and our minds healthy and 'Normal Magic' suggests 10 easy and effective ways to integrate such activities into everyday life.

The emotional wellbeing of children is just as important as their physical health. Good mental

10 a day ! Stay active in mind and body Take a break Be proud of your Ask for help very being Eat well Do something you are good at and enjoy Stay hydrated Talk about your Keep in touch ⁹ feelings with people ctively care for others you care about

health allows children and young people to develop the resilience to cope with whatever life throws at them and grow into well-rounded, healthy adults. Please do take the time to discuss this with your child: perhaps you could try some of the suggestions above as a family.

The next Culture Club is being held next Thursday 9th February in the Junior School hall from 3.30pm – 4.30pm.

NSPCC Workshops

On Thursday, Year 5 took part in an NSPCC workshop led by Bob and 'Buddy'. The children explored what is, and is not, acceptable for them to see, hear or feel. During the session, the children watched a short film about 'Guy'. They identified the problems he was dealing with and how he could address these with the support of the NSPCC and Childine.

The key message throughout the workshop was 'Speak out. Stay safe'. The Year 5 children responded maturely throughout the session and were very aware, which is fantastic.

Dates for the diary:

6th February – Y3 enrichment day 7th February – Open afternoon – 3.30pm – 5pm

7th February – SALE / silent auction in the hall 3.30pm – 5pm

7th February – Y6 enrichment day

8th February – Y4 enrichment day 9th February – Y6 NSPCC workshops

9th February – Culture Club in the hall 3.30pm – 4.30pm

10th February – Last day of half term

20th Febraury – Non-pupil day

21st February – First day back

24th February – 5NW family assembly – 9am in the hall

3rd March – World Book Day

3rd March – 4RM family assembly – 9am in the hall

10th March – 4KH family assembly – 9am in the hall









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www.ladysmithfederation.net

Ambition Adventure Achievement