

Thank you for choosing Fitter Future to keep your children physically and mentally active whilst schools are shut.

Fitter Future is an online programme that offers schools a holistic approach to well-being that looks after the physical and mental well-being of children. All of our programmes are created by teachers, tested by children and suitable for classes of any size. During COVID-19 all of your children have free home access to **Fitter Future: Get Active and Fitter Future: Be Mindful.**

To access the programme simply click <u>here</u> or visit <u>www.fitterfuture.com</u> and select SIGN IN followed by STUDENT. Please use the login details that your school have provided you.

The platform is not designed for multi users with the same login details but due to the current situation it is easier to give every child in the school the same username and password rather than generate one per child which then needs emailing, by the school, to each parent individually. With this in mind please **can you and your child not change the password.**

If you are having trouble signing into Fitter Future please sign up directly with us for a (free) account personalised to you by clicking <u>here</u> or visiting <u>https://www.fitterfuture.com/sign-up/</u> and selecting FAMILY

We hope this helps

The Fitter Future Team